

Active Older Adult Program (Age 50+)

FALL 2019

September 2019 - November 2019

Downtown Anaheim Community Center

250 E. Center St., Anaheim, CA, 92805

For more information call 714-765-4510

**COMMUNITY CENTER WILL BE CLOSED ON : September 2nd, November 11th,
November 28th and November 29th.**

MONDAY

Longevity Stick
8:45 - 9:45AM

Water Color
9-12PM

Volleyball (GYM)
1:00 - 3:00PM

TUESDAY

Crocheting
8AM-12PM

Longevity Stick
8:45 - 9:45AM

Spanish
8:30AM

Health/Wellness
10AM

Health/Balance
12:30PM

Mahjong
12PM - 3:30PM

WEDNESDAY

Volleyball (GYM)
8:30 - 11AM

Mandarin Language
9 - 11AM

Bocce Ball
9:30AM

Bell Choir
12PM

Pickleball (GYM)
12PM-3PM

THURSDAY

Health/Wellness
9:30AM

Painting
12PM

Health/Balance
12:30PM

FRIDAY

Bobble Ball
9AM

Dapper Tappers
10AM

Volleyball (GYM)
9:30 - 11:30AM

SENIOR CENTER HOURS OF OPERATION

*Monday - Friday
9AM - 5PM*

*Saturday
11AM- 4PM*

*Sunday
CLOSED*



The City of Anaheim complies with Americans with Disabilities Act. People with access and functional needs who require an accommodation to participate in a program should direct such request either in person or by telephone at 714- 765-4511, at least 72 hours before the scheduled event.